Whether looking for a day of indulgence or to enjoy an extended escape, the 50,000 sq. ft. Spa at Trump National Doral Miami boasts 33 treatment rooms and over 100 signature spa services and treatments available daily for men, women and couples.

This lavishly situated day and destination spa offers personalized spa treatments and services created to relax your mind, restore your body and renew your spirit.

Welcome Day Spa

Relax and unwind with your choice of day programs combined with full use of our exceptional fitness center, pools, hydrotherapies, steam room, sauna, classes and much more.

Each package includes lunch or dinner at either Royal Palm Pool Grill or Champions Restaurant.

**RE-ENERGIZER PACKAGE**
- 50-minute Doral Massage or 50-minute Doral Custom Facial and Spa Lunch
- $175

**SERENITY PACKAGE**
- 50-minute Doral Massage, Signature Pedicure and Spa Lunch
- $245

**TRANQUILITY PACKAGE**
- 50-minute Doral Massage, 50-minute Doral Custom Facial and Spa Lunch
- $340

**MAN’S DAY**
- 50-minute Deep Tissue Massage, 50-minute Men’s Executive Facial and Spa Lunch
- $340

**SPA SIGNATURE DAY**
- 50-minute Body Treatment, 50-minute Doral Massage, 50-minute Facial, Signature Manicure, Signature Pedicure, Shampoo & Style and Spa Lunch
- $700

**SPa Day PACKages MAKE GREAT GIFTs.**
MASSAGES & THERAPIES

DORAL MASSAGE
Choose from a selection of intentions for relaxation, de-stressing, revival or renewal. Our signature Doral massage uses a Swedish technique.
50 minutes $130 • 80 minutes $180
100 minutes $220

BACK, NECK AND SHOULDERS MASSAGE
Specially designed to combat tension and melt stress from your upper back.
25 minutes $90

DEEP TISSUE MASSAGE
A therapeutic treatment that deeply massages the muscles to relieve stress and soreness.
50 minutes $150 • 80 minutes $200

HOT STONE MASSAGE
This ancient healing art uses smooth hot and cool stones to melt away tension and stress. Relax your being with this euphoric rhythmic massage.
50 minutes $160 • 80 minutes $230

NEUROMUSCULAR THERAPY
This treatment uses specific techniques to address chronic pain and restore structural balance and alignment.
50 minutes $160 • 80 minutes $230

JUST FOR HIM
MEN'S EXECUTIVE FACIAL
A deep-cleansing, therapeutic facial designed specifically for the special skin care needs of men. Relaxes the skin as it refines pores. Includes a luxurious massage and deep-cleansing masque. Specifically addresses sensitivity and razor burn.
50 minutes $130
80 minutes $180

SPORTS MANICURE
Includes cleansing, exfoliation, in-depth forearm and hand massage. Concludes with cuticles and nails trimmed and buffed.
20 minutes $40

SPORTS PEDICURE
Includes Cleansing of the feet, exfoliation, and an in-depth foot and ankle massage. A hydrating lotion is applied, and cuticles and toenails are trimmed and buffed. A hydrating finishing cream rounds out the experience.
30 minutes $50

BACK FACIAL
A facial for your back. The entire back is thoroughly cleansed and exfoliated, after which extractions take place if needed. Hydrating essential oils are applied and massaged into the skin.
This is followed by the application of a mask and finishes with a reinvigorating crème application.
25 minutes $90
50 minutes $130

PERFECT SHAVE
Designed for the man with a demanding schedule who requires a clean shaven face before an important event. A face cleansing, followed by an exfoliation to soften the beard before a comfortable shave is delivered. The skin is instantly soothed and rehydrated with a post-shave moisturizing treatment and eye serum.
35 minutes $50

COUPLES DORAL MASSAGE
Share your spa journey with that special someone with a side-by-side massage inside our luxurious and private couples’ massage suite.
50 minutes $230 • 80 minutes $380
100 minutes $440
*Couples Massage pricing is based on Swedish technique, additional fees for upgrades available.

PRENATAL MASSAGE
This specialty massage is designed to pacify the changes encountered during this special time for the expecting mother in her second and third trimester. The massage alleviates pressure and relieves overly tense muscles as well as reducing swelling associated with pregnancy. Please advise us at the time of scheduling the number of weeks into your pregnancy.
50 minutes $150

REFLEXOLOGY MASSAGE
This healing technique relieves stress, promotes relaxation, increases circulation and helps to balance the body by stimulating pressure points on the feet.
50 minutes $150 • 25 minutes $90

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BODY TREATMENTS

SIGNATURE SCRUB
Renew your body and soften your skin with a body exfoliation, followed by a soothing lotion application.
50 minutes $130

AROMA DE-STRESS
A polishing scrub prepares your skin for rich, nourishing layers of potent essential oils and herbal extracts. Under a wrap, your body’s warmth encourages their restorative effects to go to work.
A specially selected combination of soothing essential oils calms a busy mind: sweet, earthy frankincense works on the intuition and encourages a meditative sense of peace; gentle chamomile has a calming effect and rosemary brings clarity of mind. Finally pressures and stretches awake the muscles and ease you back into the day.
50 minutes $130

DETOX REVIVER
The perfect pick-me-up for when you’re feeling sluggish or lethargic with out-of-condition skin. This treatment combines fresh and energizing aromatherapy blends for a strengthening, detoxifying effect. Exfoliation with finely ground olive grains refines the pores and reveals renewed skin, then while you are enveloped in layers of gels and oils a stimulating foot reflex pressure massage encourages the release and elimination of toxins.
50 minutes $130

HYDRATING COCONUT
Precious essential oil of damask rose works on capillary circulation renewing the skin while the aroma has an expansive quality that soothes the emotions and nurtures the heart. This treatment begins with a gentle olive grain exfoliation, followed by a moisturizing and softening mix of evening primrose oil and cream. Then shea butter is smoothed on before being left to penetrate with the body’s own heat under a wrap.
80 minutes $170

SKIN SOOTHER
The treatment combines the famous skin-healing properties of lavender with cooling peppermint and regenerative rose to rescue distressed skin. Gentle exfoliation (optional if skin is sunburned) prepares the body for an intensive layering of hydrating rose gel with soothing lavender and peppermint oil.
50 minutes $130

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80 minutes $170

TIMELESS ELEGANCE
Nourish body and soul with this luxurious treatment designed to rejuvenate dry, out-of-condition skin. Your body is layered in hydrating and mineralizing marine algae and then massaged, Swedish style, with a blend of four highly nourishing plant oils. Skin is then protected with velvety, moisturizing body butter. Finally a scalp massage dissolves tension and stress so that mind and body are nourished and rejuvenated.
100 minutes $250

*Please advise if any allergies for nut-based products.

DORAL CUSTOM FACIAL
A customized facial based on your skin type and needs.
50 minutes $130 • 80 minutes $180

ACNE CLARIFYING FACIAL
A treatment created for combination and oily skin to improve clarity, reduce inflammation and minimize enlarged pores. Ideal for teens and young adults.
50 minutes $130

HYDRATING FACIAL
This botanical facial maximizes your skin’s performance, dramatically increasing moisture and resulting in clear, healthy skin.
50 minutes $140

CAVIAR FACIAL
The ultimate anti-aging treatment for the face, hands, feet and décolleté. This luxurious facial uses caviar and powerful antioxidants to hydrate, lift and tone the skin.
80 minutes $180
ADVANCED FACIAL TREATMENTS

THE ULTIMATE FACIAL
This treatment combines multiple technologies to deliver maximum results. Following a complete ultrasonic exfoliation and an advanced micro-current eye lift, heald red LED therapy is administered to treat wrinkles, scars, and sunspots. The treatment is finished with an anti-aging serum infusion for smoother, firmer, more hydrated skin. This comprehensive facial is recommended for our advanced spa goers seeking highly effective treatments.

50 minutes $150

ULTRASONIC MICRODERMABRASION FACIAL
This unique ultrasound exfoliation is an advanced alternative to traditional microdermabrasion. Our pain-free and non-invasive treatment improves cellular turnover, which allows healthy skin cells to surface. This intensive treatment is highly effective on acne, fine lines, and scars, and is highly recommended for anyone who is seeking a non-invasive alternative to surgery with optimum results.

100 minutes $260

C“THE DIFFERENCE ANTIOXIDANT FACIAL
A pinnacle antioxidant serum is expertly infused into the skin using ultrasonic to neutralize free radicals, fight aging effects, and significantly reduce skin discolouration. This treatment helps to reduce the weathered look caused by sun damage, lines, wrinkles, and blemishes.

50 minutes $150

ANTI-REDNESS FACIAL
The ultrasonic infusion of Ling’s enriched vitamin K serum is effective in strengthening capillary walls, desensitising redness, reducing the appearance of broken capillaries, and eliminating blemishiness. A customized mask is then used to help eliminate redness.

50 minutes $180

REFRESHER FACIAL
Revitalize and nourish with this quick-refreshing facial. This experience will firm, smooth and renew your skin using specialized products to cleanse the face within minutes $30

ANTI-GRADE FACE LIFT
Our ultra-lift features micro-current— which instantly tones, lifts, firms, and re-educates tired muscles, leaving the skin looking younger and with a natural glow. This age-defying facial is highly recommended for anyone who is seeking a non-invasive alternative to surgery with optimum results.

100 minutes $260

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100 minutes $260

MANICURES AND PEDICURES

SIGNATURE MANICURE
A carefully selected combination of rich vitamin E oil deeply nourishes rough, dry hands leaving them soft, smooth and comfortable. Your hands are immersed an aromatic, fragrant heat soak of rich vitamin E oil. Hands are soothed with rich, deep cream smooth, soft and deeply moisturized.

40 minutes $40

ACRYLIC PULL SET
A classic pedicure to refresh and rejuvenate your toes. A scrub of ground olive oil exfoliates dead skin cells and prepares the skin for the treat to follow. Feet are softened with rich, warm oils. A hydrating rose gel is applied and the feet are wrapped to allow deep penetration. Layers of rich cream and gels are then massaged into the skin to deeply nourish.

50 minutes $70

WAXING
Brow/Lip/Chin $20
Brow Shaping $30
Bikini $50
Underarm $30
Face $50
Full Arm $50
Half Arm $30
Full Leg $75
Half Leg $50
Back $75
Chest $70

UPGRADES
French Polish $15
Paraffin $20
Callus Removal $10
Shells $20
HAIR AND MAKEUP

Men's Haircut $35
Beard Trim $15
Perfect Shave $50
Haircut Only from $50
Haircut and Style Short from $60
Haircut and Style Medium from $70
Haircut and Style Long from $80
Shampoo and Style from $50
Shampoo and Style Fancy from $80
Hair Shine Color Treatment $60
Tint Retouch from $50
Full Tint from $60
Full Tint (2 colors or more) from $140
Semi Permanent from $60
Full Highlighting from $95
Partial Highlights from $65
Corrective Color upon consultations from $95
Partial Perm from $65
Up Do from $50
Wash and Style Flat Iron from $55
Wash and Style Flat Iron Long from $75
Scalp Conditioning Therapy $30
Makeup Consultation $50

SPAS AND FACILITIES

Spa Hotel In-Suite Services

HAIR AND MAKEUP

Men's Haircut $35
Beard Trim $15
Perfect Shave $50
Haircut Only from $50
Haircut and Style Short from $60
Haircut and Style Medium from $70
Haircut and Style Long from $80
Shampoo and Style from $50
Shampoo and Style Fancy from $80
Hair Shine Color Treatment $60
Tint Retouch from $50
Full Tint from $60
Full Tint (2 colors or more) from $140
Semi Permanent from $60
Full Highlighting from $95
Partial Highlights from $65
Corrective Color upon consultations from $95
Partial Perm from $65
Up Do from $50
Wash and Style Flat Iron from $55
Wash and Style Flat Iron Long from $75
Scalp Conditioning Therapy $30
Makeup Consultation $50

Spa Hotel In-Suite Services

- Enjoy a relaxing spa experience in the privacy and comfort of your own Spa Hotel Suite. Dial 4724 from your room to schedule your services at least 2 hours in advance. For your convenience a 20% service charge will be added to the treatment price.

In-Suite Doral Custom Massage

Our signature Doral massage uses a Swedish technique designed to relax your mind, renew your body and restore your spirit by using natural aromatherapy oils of your choice.

50 minutes $180
80 minutes $230

In-Suite Deep Tissue Massage

A therapeutic treatment that deeply massages the muscles to relieve stress and soreness.

50 minutes $200
80 minutes $250

In-Suite Couples Massage

Share your spa journey with that special someone with a side-by-side massage.

50 minutes $380
80 minutes $480

About your Spa Experience

Arrival. We suggest that you arrive at least 45 minutes prior to your appointment time. This will allow you ample time to sign in and enjoy our facilities, including steam room, sauna, whirlpool, shower and pools and relax in our lounge areas.

Cancellation. A 24-hour notice is required in order to prevent your account from being charged the full amount of the service.

Attire. A robe, slippers and day locker will be provided for you upon arrival to the spa. Disrobe to the level of your comfort.

Special Health Considerations. Please advise our staff if you are pregnant, recovering from recent surgery, or have any existing medical concerns.

Age Requirements. Facial services are available for our guests 16 years and older, and all other spa facilities and services are offered to our guests 18 years and older.

Shaving. Shaving is not recommended prior to any body exfoliation treatments or hair removal services. We do, however, recommend that men please shave two hours prior to their scheduled facial treatment.

Spa Facility Hours. Daily 8 am to 8 pm

Valuables. Our recommendation is not to bring valuables to the spa. The spa is not responsible for damage or loss of your personal belongings.

Payment and Service Charges. We accept all major credit cards, personal checks, and traveler's checks. Hotel guests may also charge the service to their room and spa members may charge services to their spa account. For your convenience, a 20% service charge will be automatically charged to your bill. This charge is always billed at the guest's discretion.

Cellular Phones. In consideration of our other guests, we ask that you turn off your cell phone and other electronic devices before entering the spa.

Gift Cards. Spa Gift Cards are a wonderful way to give the gift of health, relaxation and beauty to the special people in your life. We will be more than happy to assemble a group of services that fit any personality or special occasion. Gift cards may be purchased at the front desk or online and may not be redeemed for cash.

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THE SPA AT TRUMP NATIONAL DORAL MIAMI

8755 NW 36th Street,
Miami, Florida 33178
800.71.DORAL   doralresort.com

SPA RESERVATIONS
Monday–Saturday 8 am to 6 pm
Sunday 8 am to 4 pm

To schedule your spa experience,
dial 305.717.6303

From within the Resort,
dial ext. 4724